

Psychological Services

Do you need help managing life's challenges?

Our highly skilled psychologists can assess, treat and support you to:

- Reduce distress
- Improve your wellbeing
- Manage your mental health symptoms such as depression (including post natal), anxiety, trauma related problems, grief/bereavement, emotional, adjustment and interpersonal difficulties

We see people aged 12 onwards. An EMPHN referral form and mental health treatment plan needs to be completed by your GP, to receive up to 12 sessions at no cost.

Appointments available at:

Link Health and Community
2 Euneva Avenue
Glen Waverley, OR

Oakleigh and Clayton sites
as required

Need more information?
Call us on 1300 552 509
for a confidential chat